

# Agenda

February 24, 10:30 – 12:00  
Administrative Services III, Room 101

- 10:30 – 10:35 Welcome – Jack Colby
- 10:35 – 10:45 Green Brick Awards – Walt Robinson
- 10:45 – 10:55 Meet a NC State Steward - Eric Rizzo
- 10:55 – 11:05 College-based sustainability director briefing - Traci Rose Rider
- 11:05 – 11:15 Vote to approve the SOP moving forward – Jack Colby
- Draft attached to agenda
- 11:15– 11:25 Student Sustainability Fund RFP – Kyle Barth
- 11:25 – 11:35 Earth Month plans – Joel Pawlak
- 11:35 – 11:45 Composting pilot in residence halls – Analis Fulghum
- 11:45 – 12:00 Announcements

## Information Items

- 2012 Greenhouse Gas inventory underway. Expect results May 2014.
- New LEED Living Laboratory course designed by College of Design, Poole College of Management and University Sustainability Office. Students will sit for LEED exam and work on Nelson Hall as a real-world project.
- Planning additional energy management measures to address projected utility deficit by year end.

## Next meeting: March 25

Standing meetings are Tuesdays at 10:30 every 4-6 weeks

## February is Wellness Month

**Change Your State**  
for a better you, NC State and world

HOME FOOD ENERGY ZERO WASTE COMMUNITY TRAVEL WELLNESS WATER PLANET WHY?

Be a better you by living a well-balanced life. Try these tips to Change Your State of wellness. You'll be happier, healthier and better able to live life to the fullest.

**Get moving**

Exercising at least 30-minutes a day is one of the best things you can do for your body. Hit the gym, the pool or campus greenway trails with your bike or running shoes. Don't have time to sweat it out? Work in fitness throughout your day. Walking to class and taking the stairs instead of elevator are easy, everyday ways to reduce your carbon pawprint and better your health.

**Toss the toxins**

Some personal care or household products can be harmful to your health. Read labels and do the research to find healthier choices. If you live in a residence hall, no need to worry. University Housekeeping cleans your building with Green Seal certified products.

**Taste the difference**

You are what you eat and drink, so keep it real. Drink more water and your body – made of 60% water – will soak up H2O benefits such as more energized muscles, healthier kidneys, better skin and easier weight control. But you don't necessarily have to chug 8 glasses a day. Incorporate more fresh fruits and veggies into your daily meals. These natural sources of water are also healthier than processed foods, packing your body with powerhouse vitamins and minerals that keep your sharp, strong and better able to fight off diseases.